

ZOOZ Fitness - *Weekly Group Class Schedule*



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Kid Circuit (9a-9:50a)						
Teen Circuit (10a-10:50a)		Virtual Power Yoga (3:30p - 4:20p)				
Adult Circuit (11a-11:50a)		Teen Circuit (4:30p-5:20p)	Teen Circuit (4:30p-5:20p)		Yoga (4p - 4:50p) Ages 14+	
Virtual Circuit (11:30a-12:30p)	Adult Circuit (5p-5:50p)	Adult Circuit (5:30p- 6:20p)	Adult Circuit (5:30p-6:20p)	ZUMBA - (6p-6:50p) Ages 14+		

Class Location - ZOOZ Fitness HQ - 17650 Ventura Blvd. Encino, CA 91316

Class Names & Ages:

Kid Circuit (5-12) Teen Circuit (13-17) Adult Circuit (18+) Yoga (14+)	ZUMBA (14+) Virtual (all ages welcome)
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Contact Shahar Weiner - Shahar@zoozfitness.com or (818) 646-6914